

The Saint Sava Serbian Orthodox Church Of McKeesport & Duquesne, Pa

901 Hartman Street, McKeesport, Pa. 15132 Our Web-site: stsavapa.org*
*(PLEASE VISIT OUR Newly-designed Website, and We're On Facebook & Twitter!)

Very Rev. (Stavrophor) Stevan Rocknage, Parish Priest

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JUNE 24th - 4th Sunday After PENTECOST - Tone 3

(Commemorating the Saints, the Holy Apostles Bartholomew and Barnabas)

Today's Epistle Reading: EPISTLE: Romans 6: 18-23 Today's Gospel Readings: LITURGY: Matthew 8: 5-13

Troparion: "Let the heavens rejoice and let the earth be glad, for the Lord has shown strength with His mighty arm! He has trampled down death by death; He has become the first-born of the dead! He has delivered us from the depths of hell, and has granted the world His Great Mercy!"

Kontakion: "On this day, Thou didst rise from the tomb, O Merciful One, leading us from the gates of death. On this day, Adam exults as Eve rejoices; with the prophets and patriarchs they unceasingly praise the divine majesty of Thy Power!"

(The Troparia for the Holy Sts Bartholomew and Barnabas will also be sung)

Spiritual Food:

Don't Overpress

Branch Rickey, famous baseball player and manager, once said to his team, "The secret is to love the game. Go out and do the best you can, but don't try to get your name in the headlines. Don't overpress. Just do your heat!"

After spending much time and effort to do a job well, a person was asked, "Why are you wasting your time doing all that? Who will ever know?" He replied, "But the Lord will know — and I will have the satisfaction of knowing that I did my best."

St. Isaac the Syrian wrote:

If you cannot labor with your body, at least make efforts in your mind.

If you cannot fast for two days, fast at least till evening; if you cannot fast till evening, be careful not to overeat.

If you are not a peacemaker, at least do not be addicted to strife.

If you cannot close the mouth of a man who is judging his brother, at least refrain from joining him in this.

Today's Special Announcements and Upcoming Events For Our Parish:

- (1) TODAY: we remind you to pick up the JULY Calendar, and also to plan on being with us this coming Friday evening at 7 PM to learn about our ONCD Program!
- (1-A) PARASTOS TODAY: for +Alex Stipanovich, given by his loving family "Memory Eternal!"
- (1-B) DIOCESAN PLEA: To celebrate the 100th Anniversary of the end of WW I, the Diocese is asking IF anyone has souvenirs (medals, trinkets, symbols, uniform parts, etc.) from that time (1914-1918) to please let Fr. Stevo know, as the Diocese wants to hold a Traveling Exhibit that will go around the Diocesan parishes beginning in September of this year!
- (2) Please pray for the health and well-being of our following loved ones within our parish: Katie Repasky Nick Trbovic Donna/Nick Moss-NH Lucy Pcholinski Martha Zivkovich-NH Stella Stipanovich -NH Ann Vunovic-NH Beverly Stipanovich Keith Bedell Margaret Ivkovich-NH Melva Buzzelli-NH V. Rev. Adam Yonitch V. Rev. Paul Lazor Wayne Eremic Servant Joseph John Walker
- (3) Also pray for the souls of those fallen asleep in the Lord:
 - +Ann Cervo +Helen Lia +Alex Stipanovich +Dan Ikach +Sophie Vranesevic +Louise Zivkovich +Mimi Pavlovich +Ann Vranesevic +Nick Pilipovich +Jovan Vujatovich +Kh. Stefanie Yazge +Stoyanka Vranesevich +Mel Trkula +Mika Rocknage +Sharon Young +Betty Perich +Dorothy Shumkaroff +AP Stevan Stepanov/+Rastko Trbuhovich,/+Vasilije Sokolovic +George Medich +Arlene Crnkovich +Amy Pacura
- (4) GROUPS Ministry: Our Support Group dates for July: TUESDAY, the 10th WOMEN; 24th – MEN!
- (5) Don't forget: you can help out at the St. Cyril Food Pantry any Thursday at 4:30pm!
- (6) Baptism Of Marko Andres Villa is this coming Month July 22nd after Holy Liturgy!
- (7) NEXT Sunday, JULY 1st: Serbian LIFELINE Picnic at the Serb Club from NOON to 7 PM!
- (8) JULY I.V. DATES: to make palachinke for the Village TBA!
- (9) Shadeland Diocesan Day is Saturday, August 4th Make your plans to celebrate with us!

THE APOSTLE BARNABAS

n the 10th chapter of the Gospel of Saint Luke, we read of Christ "appointing seventy others" to spread His message to the world. While not nearly as well-known as the Twelve Apostles, these disciples fervently and zealously undertook their missionary labors.

One of the most prominent of this dedicated group was the Apostle Barnabas, who is described in the Book of Acts as "a good man, full of the Holy Spirit and of faith." (Acts 11:24) He was born in Cyprus of wealthy parents. It is believed that he studied in Jerusalem under the famous rabbinical teacher Gamaliel. One of his fellow students may have been Saul of Tarsus, who later became the Apostle Paul. When Paul experienced his conversion on the road to Damascus, it was Barnabas who first

accepted him, convincing others that this great persecutor of Christians was, indeed, a changed man.

Barnabas and Paul soon became a "missionary team", spreading the Christian faith to several Gentile regions over a two-year period. When they prepared to embark on a similar journey some time later, the two Apostles went their separate ways, unable to agree on whether a cousin of Barnabas - John Mark - should be allowed to accompany them, since he had deserted them on the previous trip. This is the same Mark who would distinguish himself as the author of one of the Gospels.

After extensive missionary labors of his own, Barnabas suffered martyrdom in his native land of Cyprus and was buried at the western gate of the city of Salamis.

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